

MACON TRACKS

R U N N I N G C L U B



Middle Georgia's Home for Running and Fitness

Welcomes Those Interested in Running, Walking, Multi-sport Events, or General Fitness

Learn From Others or Share Your Experience and Expertise

Group Events

- Fun Runs for all levels and ages
- Group Runs—various times, any level, including the Sunday morning long run
- Speed Workout Training Sessions each week
- Train and run a marathon together with fellow members

Monthly newsletters with race recaps, inspirational stories, training tips, news of local runners, and information on upcoming events

Website with discussion forum, blog, photos, race calendar, results, & more

Macon Tracks Piedmont Sports Medicine Race Series—A year long multi-race competition. Members receive \$1 discount on entry fees at participating races.

Social events throughout the year

Receive notifications of upcoming races and running related events via email, newsletter, and website

Members receive 10% off at Run Fit Sports

Organizer of Macon Labor Day Road Race 5K/10K & AI Toll Masters 15K & Open 5K

Individual (\$20), Family (\$25), or Full-time Student (\$15) Memberships Available

Be a part of a great running community and help support our mission to promote and encourage running in Middle Georgia!



Visit us on the web at
www.macontracks.org

Email: macontracks@macontracks.org

Macon Tracks Running Club
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