

# Forsythia Festival 5K and One-Mile Fun Run

March 13, 2010

8 AM

Georgia Public Safety Training Center

## Registration

\$15 must be postmarked by March 6  
\$14 for Macon Tracks Running Club members  
\$20 after March 6, 2010

## Location

The Georgia Public Safety Training Center is located off of I-75 in Forsyth. From I-75 Northbound, take exit 188. Turn onto GA 42. Make a sharp right onto Lee St./Collier Rd. Follow the signs to the training center. From I-75 Southbound, take exit 188. Turn right onto Lee St./Collier Rd. Follow the signs to the training center.

## Race Day Schedule (March 13)

7-7:45 AM Registration

8 AM 5K/1-Mile Fun Run

Refreshments and awards ceremony immediately following the race.

## Award Categories

**5K:** Awards for first overall male or female runners. Awards presented to the top male and female runners in each of the following categories. 18 and under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70/over

**Fun Run:** Awards only for participants 13 and under and top overall male/female finisher.

## Forsythia Festival Fun and Fitness

Participants registering before March 6 receive a commemorative t-shirt.

Macon Tracks members take \$1 off the registration fee.

Water stations along the course.

Enjoy refreshments after the race.



## Registration Form (please print)

For complete race information including online application, course map, and race results, please visit [www.forsythiafestival.com](http://www.forsythiafestival.com)

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

circle one  
5K                  Fun Run

Age \_\_\_\_\_

circle one  
Male                Female

circle one  
T-shirt size  
YM    S        ML  
XL    XXL    XXXL

## Questions

Contact Karen Manus-Pennings  
Director of Tourism/PR  
Forsyth-Monroe County Chamber of Commerce  
478.994.9239 or 888.642.4628  
[Karen@forsyth-monroechamber.com](mailto:Karen@forsyth-monroechamber.com)

## Payment

Mail completed application and check made payable to the Forsythia Festival, along with registration form to Forsythia Festival, 68 North Lee St., Forsyth, GA 31029.  
Credit cards are accepted. Point your browser to [www.forsyth-monroechamber.com](http://www.forsyth-monroechamber.com) and select "pay online here." Please type Forsythia Festival 5K in the "payment for" line.

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, and volunteers of the Forsythia 5K and Fun Run for injury, illness, which may directly or indirectly result from my participation. I understand the risks for such a run and have trained adequately in preparation. I understand that my name and/or photograph(s) of my participation may be used for promotion and publicity purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature is participant is under 18