



# Christ School 5K Run/Walk & 1 Mile Family Fun Run/Walk



**Saturday, April 24, 2010**

The inaugural Christ School 5K Run/Walk and Mile Family Fun Run/Walk will be held on Saturday, April 24, 2010 starting at Christ United Methodist Church in Warner Robins, GA. Following the race, there will be refreshments and awards. Contact Sherry Sheppard at (478)225-8079 or via email at [gtshep@comsouth.net](mailto:gtshep@comsouth.net) or Becky Bryan at [bbryan4@aol.com](mailto:bbryan4@aol.com) if you have any questions. You can also download an application form from the schools website at [www.christunitedschool.com](http://www.christunitedschool.com) and at the church's website at [www.christunited.net](http://www.christunited.net).

## Award Divisions

Awards go to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place overall male and female winners. Also, awards will be given to the top three finishers in each age division - male and female.

## Race Day Schedule

Race Day Registration and Packet Pickup will be from 6:30 a.m. to 7:30 a.m. The 5K will start at 8:00 a.m. The Family Fun Run/Walk and Tot Trot (2-4 yr olds) will start at 9:00 a.m. Race Packets can be picked up early on Friday, April 23<sup>rd</sup> between 10:00 a.m. and 2:00 p.m. at the school.

## Directions

Christ United Methodist Church is located at 511 Russell Parkway in Warner Robins, GA 31088 next to Ruby Tuesday's and Enterprise Rent-a-Car.

## Entry Fee

Pre-Registration by Friday, April 16, 2010: \$15 per person or \$60 per family

Registration April 17 – Race Day: \$20 per person or \$70 per family

T-Shirts guaranteed to all runners registered before April 17th

\*\*\*\*\***Entry Form**\*\*\*\*\* (Please Fill Out One Entry Form per Person)

Name: \_\_\_\_\_ Gender: M F Age: \_\_\_\_\_ (day of race)

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: ( ) \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Event (Circle One): **5K Run/Walk**      **1 Mile Family Fun Run/Walk**      **Tot Trot**

T-Shirt Size (Circle One): Y-XSm    Y-Sm    Y-Med    Small    Med    Large    XL    XXL (\$2 extra)

**Make Checks Payable to: Christ United Methodist School 5K. Mail Registration Form to: Christ United Methodist School, 511 Russell Pkwy, Warner Robins, GA 31088.**

*Incomplete or unsigned entry forms will not be accepted. In consideration for allowing me to participate in this event, I (and my parent if under 18), my heirs, administrators and executors hereby waive and release Christ United Methodist School and Church, any sponsors, event volunteers, property owners, or entities from any and all claims or damages arising out of my participation in this event. I am proper physical condition to participate, and I give permission for the use of name and picture in any media account of this event. (If under 18, parent or guardian must sign).*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*"I can do all things through Christ who strengthens me." --- Philippians 4:13*