

Sunbelt Running Club's RUN FOR LOVE EVENING RUN



5K Road Race • 1 Mile Run & Walk Sat., August 7, 2010 • Tifton, GA

Abraham Baldwin College Tennis Center
Interstate 75, Exit 64



1 Mile Starts at 7:15 p.m.
5K Run Starts at 7:45 p.m.

**RUN & SEE
GEORGIA**



Since 1989

www.georgiarunner.com

REGISTRATION & ENTRY FEE:

5K – Pre-registration is \$15.00 if received by August 1st. Late registration will be \$20.00.
1 Mile – Pre-registration is \$10.00 if received by August 1st. Late registration will be \$12.00.
Enter both 5K & 1 Mile (one t-shirt only) Pre-registration is \$20.00 by August 1st. Late is \$25.00

AWARDS:

5K – Overall Male & Female Winner, Top Male & Female Masters, Top 3 Males and Females in following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 Female: 70 & Over, Male 70-74, 75 & over.
1 Mile – Overall Male & Female Winner, Top 3 Male & Female in following age groups: 8 & under, 9-13, 14-19, 20-39, 40-49, 50-59, 60 & over

T-SHIRTS: All registrants will receive an official 2010 Run for Love T-shirt.

INFORMATION: Contact Ernest Lang at 229-382-7579(H) or 229-382-4264(O). Email: ernlang@friendlycity.net

Proceeds go to benefit the Tift County High School Cross Country Team.

Official Entry Form 2010 • Sunbelt Running Club's Run for Love

Early Entry Fee: (By August 1st): 5K Race – \$15.00; 1 Mile Run – \$10.00
Late Entry Fee: (After August 1st) 5K Race – \$20.00; 1 Mile Run – \$12.00
Enter Both 5K & 1 Mile: Early (By August 1st): \$20.00 Late Registration - \$25.00
Make Check Payable to: **SUNBELT RUNNING CLUB**

Mail to:
Sunbelt Running Club
P.O. Box 1395
Tifton, GA 31793-1395

OFFICIAL USE ONLY

Last Name _____		First Name _____	M.I. _____	Address (Number and Street or P.O. Box) _____		
City _____		State _____	Zip Code _____	Age _____	Birthdate _____	Home Phone _____
EVENT: <input type="checkbox"/> 5K RUN & WALK <input type="checkbox"/> 1 MILE RUN & WALK <input type="checkbox"/> Entering Both 5K & 1 Mile		Adult T-Shirt Size: <input type="checkbox"/> Lg <input type="checkbox"/> Small <input type="checkbox"/> Med. <input type="checkbox"/> X-L		EMAIL ADDRESS – Please Write Legible _____ _____ _____		

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED.

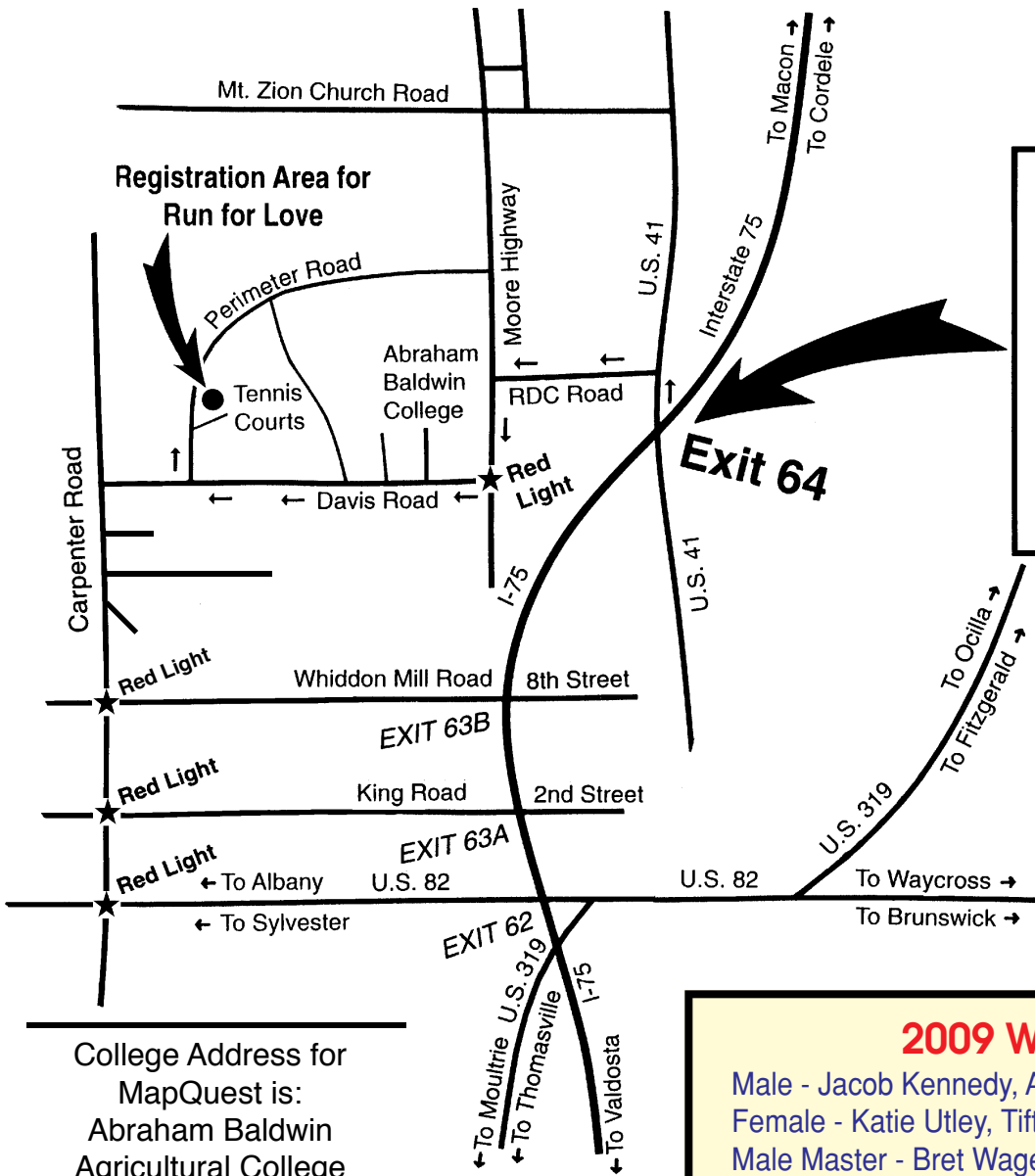
In consideration of my entry being accepted, I intend to be legally bound and do hereby, for myself, my heirs, and executors, waive all rights and claims for damages which I may have or which may hereafter accrue to me against the sponsors or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns and sponsors for any and all damages or injuries which may be sustained and suffered by me in connection with my association with or entry or participation in Run for Love. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature _____

Date _____

Parent or Guardian Signature (if under 18) _____

LP-106002-A



DIRECTIONS:
 Take Exit 64 off I-75, turn North and go 1/4 mile to RDC Road. Turn left and go 3/8 mile to stop sign at railroad tracks. Turn left and proceed to red light. Turn right at red light and go 1/2 mile to Perimeter Road. Turn right and go 1/8 mile to ABAC Tennis Center. Registration is at the Tennis Center.

COURSE RECORDS

ALAN BLACK
 14:56 (2003)

MICHELLE LEFLEUR
 17:45 (2006)

2009 Winners XX

Male - Jacob Kennedy, Albany, 17:54
 Female - Katie Utley, Tifton, 22:48
 Male Master - Bret Wagenhorst, Tifton, 19:00
 Female Master - Cheryl Vail, Lawrenceville, 23:37

College Address for MapQuest is:
 Abraham Baldwin Agricultural College
 2802 Moore Highway
 Tifton, GA 31793

SPONSORED BY



TIFT AREA
 DRIVER IMPROVEMENT
 CLINIC
 John Lindsey

