

Heart 2 Heart

10k, 5k, Walk, or 1 mile fun run

Proceeds to Benefit:
Cardiac Rehab Scholarship



Saturday- February 17, 2018

Advanced Registration deadline Monday, February 12th at 11:59pm

Early Packet Pickup on Friday, February 16th after 12noon at the Wellness Center!

10K & 5K-Run 8:00am — 3 Mile Walk 8:05am — 1 Mile Fun Run (kids ages 5-10) 7:30am

Grand Prizes: \$150, \$75, & \$25 VISA Gift Cards

Overall Top 3 Male and Female winners of the 5k and 10k Run

- 10K Medals for all finishers
- 5k Medals for **5 year age** divisions for both MALE and FEMALE per **Georgia Grand Prix** (10 & under, 11-14, 15-19, etc.).
- Refreshments, T-Shirts, Door Prizes, and Photo opportunities! Detailed event information found on our website!

Register online <https://runsignup.com/Race/GA/Douglas/Heart2Heart5k> or

Print/mail registration: www.coffeeregional.org/wellness-center/events

First Name: _____ Last Name: _____

DOB: ___ / ___ / ___ AGE: _____ Gender: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Cell: _____ **Shirt Size** _____

Make Checks Payable to: CRMC Cardiac Rehab Scholarship.

Mail to: CRMC Wellness Center, 200 Doctors Drive, Suite 222, Douglas, GA 31533.

In consideration of this entry, I waive all claims for myself and my heirs against any and all officials or sponsors of the 2018 Heart 2 Heart 5k Run/Events for injury or illness which may directly or indirectly result from my participation. I further state that I am in proper physical condition to participate in the event and/or activities.

Participant Signature or Legal guardian of Youth under age of 18 Date

Advanced Registration Only

____ 10k Run \$35.00 (no walkers)

____ 5k Run \$25.00

____ 3 Mile Walker \$20.00

____ 1 Mile Kid \$15.00 (ages 5-10)

____ **\$ Tax Deductible Donation**

____ 2 XL Shirt add \$2.00

____ 3 XL shirt add \$3.00

**(\$5 discount—youth ages 5-18
enrolled in school & military
for 10k & 5k only)**

**Late Registration & Day of Event will
be an additional \$5.00**