



2024 Southern Food Series/ Six 4K Races
550 South Beachview Dr., Jekyll Island, GA
or Home Run Run



Support 4-H as you run races at **Camp Jekyll or where you are**. Earn points for six races in two series. Receive a cool shirt for each pair of races. Enjoy the namesake food served at the end of the races. **Medals will be presented to in-person runners only.**

Four races (Shrimp 4K, Grits 4K, Chicken 4K, Waffles 4K) will be run on Jekyll Island. The Jekyll races have a virtual option. Two races (Catfish 4K and Hushpuppies 4K) are Home Run Runs only.

Three Shirts: Shrimp & Grits, Chicken & Waffles, and Catfish & Hushpuppies. High-quality soft blend shirts with long sleeves.

Check all that apply:

- _____ April 27 Shrimp 4K. (5:24 pm) __ Virtual __ Jekyll
- _____ April 27 Grits 4K (6:14 pm) __ Virtual __ Jekyll
- _____ April 28 Chicken 4K (7:34 am) __ Virtual __ Jekyll
- _____ April 28 Waffles 4K (8:24 am) __ Virtual __ Jekyll
- _____ May 1-2 Catfish 4K (on your own)
- _____ May 1-2 Hushpuppies 4K (on your own)

Fees: Check choice

- _____ 1 Race \$28. Includes 1 meal @Jekyll and one shirt- No Shirt \$20
- _____ 2 Races. \$40 Includes 2 meals @ Jekyll and one shirt- No Shirt \$32
- _____ 3 Races \$58 Includes 2 meals @ Jekyll and **two** shirts - No Shirts \$50
- _____ 4 Races \$64 Includes 2 meals @ Jekyll and **two** shirts - No shirt \$56
- _____ 6 Races \$72. Includes 2 meals @ Jekyll and **three** shirts- No shirts \$64
- Note that virtual and in-person fees are the same.

Registration is due 4/8 to be assured of a shirt and meal. Race day registration accepted.

Submit virtual times by May 2, 11:59 p.m. on cloverglove.com/races (Submit Times) or using this [LINK: https://forms.gle/m5TfFbdHRFrB9Qdm9](https://forms.gle/m5TfFbdHRFrB9Qdm9)

Race Day Registration is \$30 for one race. \$48 for two races. \$74 for four races. \$84 for all six races.

Send form and payment payable to The Georgia 4-H Foundation. Mail to Clover Glove, State 4-H Office, Hoke Smith Annex, UGA, Athens GA 30602. Questions: boryles@gmail.com or rkeel@mindspring.com

Name _____ Email _____

Birthday: _____ Gender: _____ DOB: _____ Phone: _____

Address: _____ Shirt Size _____

Total: \$_____ (Circle): Shrimp 4K, Grits 4K, TBD 4K, TBD 4K, TBD 4K, TBD 4K

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: Clover Glove Races. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen(18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

Signature: _____ Date: _____