

Please join us for the 2024 Macon Music Half Marathon. The race begins and end in Carolyn Crayton Park (Central City Park). In order to guarantee a shirt, you must register by November 1. There is a 3.5-hour (16:00 min/mile) time limit for the course.

**AWARDS:** Custom quarter-zip long-sleeved shirts and finishers medals to participants while supplies last. Awards will be given to males and females: the first 3 overall; first masters, first grand-masters, and first great -grand masters; and the first 3 finishers in age groups 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. Awards must be claimed on race day.

**REGISTRATION**: Early Registration is \$70 through May 31, \$75 from June 1 until November 1, \$80 thereafter. Macon Tracks members receive \$1 off when pre-registering. Online registration is available with no service fee at <u>www.macontracks.org</u> through Nov 15. Mailed registrations must be postmarked by November 8, 2024. Register online or mail your check, made payable to Macon Tracks Running Club, to: P.O. Box 26455, Macon, GA 31221. For more information, go to <u>www.macontracks.org</u>.

Name:			Sex:		Age on race day:	
Address:						
City:			State:		Zip:	
E-mail address:			Phone:			
	Shirt size (circle one): Small	Mediu	m Large	XL 2XI	4	

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, and animals, are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Macon Tracks Running Club, Macon-Bibb Co, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: https://www.cdc.gov/coronavirus/2019-ncov/

Runner's Signature\_\_\_\_\_ (Guardian if runner is younger than 18) Date