



### **JIGGING FOR JIMMY**

5K + 1 Mile Fun Run/Walk

Benefit for Jimmy Miller's Fight Against Cancer



**October 5, 2024**

Location: Flat Shoals Baptist Church Gym – 2999 Bowersville HWY / Bowersville, GA 30516

Time: 5K starts at 4pm with 1 Mile Fun Walk Run to follow at 4:30pm

Day of registration is 3:00pm – 3:30pm

Cost: 5K - \$30 (includes a shirt) / Fun Walk Run - \$20 (includes a shirt)

**\*\*Register by September 21<sup>st</sup> to guarantee a shirt\*\***

Awards (to follow in gym after race): 1<sup>st</sup> – 3<sup>rd</sup> in each 5K division (no awards for 1-mile fun walk run): Child 0 – 12, Youth 13-18, Female 19-29, Male 19-29, Female 30-39, Male 30-39, Female 40-50, Male 40-50, Female 51+, Male 51+

**Register Online Link:** <https://forms.gle/uSvvgpNza1qEZqyK9>

or

**Registration Form (Complete one PER person)**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Age: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: \_\_\_\_\_ Phone: \_\_\_\_\_

Shirt Size (circle one): YS YM YL AS AM AL AXL A2XL

**\*\*MUST be received by 09/21/2024 to guarantee a shirt\*\***

Check One: \_\_\_5K (\$30) \_\_\_Fun Walk Run (\$20)

**Please make checks payable to: FSBC with "Jimmy Miller" in the memo section**

**\*Mail checks to the church address above or Venmo @chaseywhaley with "JIMMY 5K" in the note\***

**BBQ Sandwich Plates available for purchase for \$10 – Pick up or Dine in after race (5pm-7pm)**

**SUBMIT COMPLETED FORMS TO:** [flatshoalsbaptist@gmail.com](mailto:flatshoalsbaptist@gmail.com)

**Payments can be mailed or dropped off at various locations – please inquire through email when submitting your Registration Form.**

By completing and submitting this form, I waive any and all claims for myself and my heirs against Flat Shoals Baptist church and any/all sponsors and volunteers, for injury or illness which directly or indirectly results from my participation in this event. I further state that I am in the proper physical condition to participate in an event of this nature. I grant permission for any photos of me to be used in promotion of this event.