



# The Birthday 4k+

Happy Birthday from Clover Glove



Clove Glove has a long tradition of celebrating holidays. In 2025, we will add a race to celebrate your birthday. Celebrating your birthday, we ask you to run/walk a 4K+ on your special day. The distance you travel will be determined by your age. All participants should run a 4K and add distance based on age. For example, if you are 72, you run a 4.72K. If you are 34, you run a 4.34K. Older folks will have to use our experience and travel a little further. The Birthday 4k+ may be run anywhere. Submit time via the regular CG platform.

Understanding that each runner will place first, all participants submitting results will be rewarded 10 Clover Glove points and receive credit for a race completed.

The entry fee is \$19.04 (the birthday of Georgia 4-H). Of course, you can donate to 4-H since it's your birthday. The package includes this race for those who activate their annual membership.

Entry Fee (\$19.04) \_\_\_\_\_ Extra Donation \_\_\_\_\_

Registration is available on Run Sign Up, <https://runsignup.com> or using the form below.

Checks payable to Georgis 4-H Foundation. Mail to Georgia 4-H Foundation., Clover Glove, Hoke Smith Annex, UGA, Athens, Georgia 30602.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Birthday \_\_\_\_\_ Phone \_\_\_\_\_

In consideration for your accepting this entry - I, the undersigned, intend to be legally bound, hereby, for myself, my heirs, executors, and administrators waive & release any and all rights and claims for damages that I may have against 4-H, UGA, sponsors, officials, workers, the facility, representatives for any and all injuries suffered by me in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*\*Parent must sign if participant is under 18 years of age*