

# Frog Hop 5K & Tadpole Fun Run

benefitting Sandy Creek Nature Center

# Sunday, February 9 Fun Run- 2 pm 5K- 2:30 pm

### **Race Information**

Awards: Unique awards for each age group. (Kids in Fun Run receive a medal & goodie bag.)

Goodies: Snacks after the race.

**Course: Both races at Sandy Creek Nature Center** 

Directions: 205 Old Commerce Rd, Athens, GA

(off U.S. 441 North)

Contact 762-400-7734 or scncinc@gmail.com

for more information.

No dogs or other animals permitted in race.









## **Registration Details**

- Register by Jan. 30 at <u>www.runsignup.com</u> or fill out the form below.
- Entry Fees: \$25 per runner, \$20 "no shirt" option, \$80 family-of-four.
- All entries are \$30 after Jan. 30 and are not guaranteed a t-shirt.
- 5K is part of the Clover Glove & Black Bag Race Series.
- 5K is a USATF certified course and is a Peachtree Road Race Qualifier.

Register here:



## Mail In Frog Hop Entry Form

Please return completed form and check addressed to Sandy Creek Nature Center, Inc., 205 Old Commerce Road, Athens, GA 30607. Entry fees postmarked or paid in person **before Jan. 30:** \$25 per person (either event), \$80 Family of four rate, \$20 for "no-shirt" option. **After Jan. 30, registrations are \$30 each.** 

T-shirts may not be available for registrations after Jan. 30, or sizes may be limited.

Name:	
Age:DOB	Sex:Phone:
Address:	
	State:Zip:
e-mail address:	
Event: 5KGoblin Fun Run	
Size:Child SmallChild Med	No Shirt Option (\$20)
Adult SmallAdult Med (same as Child Large)	Adult LAdult XLAdult XXL

#### Waiver:

I hereby release the hosts, sponsors, and officials of the Frog Hop 5K & Tadpole Fun Run from all claims of injury or damages resulting from my participation in said events. I realize that this is a strenuous event, which requires proper physical conditioning.

I hereby certify that I am in proper physical condition to participate. I also give permission for use of my name and/or picture in any media and/or other account of this event.

Date

Signature (Parent or guardian if under 18)