



The 4s Races

Four 4Ks for 4-H

Two "Home Run" Runs--Two "Come Home" Runs

August 12-16, 2025



WHEN/WHERE: Run the Home Run runs (Quafolium 4K and Fourward 4K) as virtual races anytime between August 12-16. Submit times no later than dark thirty on 8/16 on **Run Sign Up by visiting www.cloverglove.com** The Come Home runs (I Hate To Run 4K and Lucky 4K) **must be run in person** at Rock Eagle on Saturday, August 16. IHTR 4K at 7:34 am. The Lucky 4K will begin at 8:24 am.

AWARDS/ SHIRTS All pre-registered runners running two or more races will receive a T-shirt if registered by July 31, 2025. Runners completing all four races receive a Clover Medallion. Overall (cumulative times of the four races) and Master Winners will receive a unique four-leaf clover item. Race day shirts- as long as they last. Points in Clover Glove & Black Bag Race Series.

REGISTRATION: Each race \$12.00 each. 1 race \$12.00 (NO SHIRT) / 2 races \$24.00/ 3 races \$36.00/ 4 races \$48.00. Registration is available on **Run Sign Up by visiting www.cloverglove.com** or using the form below. Race Day Registration will begin one hour before start on race day.

SUPPORT 4-H: Proceeds from the races will benefit Georgia 4-H, supporting scholarships, programs, and projects for Georgia's youth. The Georgia 4-H Foundation is a 501(c)3 charitable organization. Race sponsorship is available - see <http://www.cloverglove.com> for details.

CONTACT: Roger Keel at rkeel@mindspring.com

Checks payable to Georgia 4-H Foundation. Mail to Georgia 4-H Foundation, Clover Glove, Hoke Smith Annex, UGA, Athens, GA 30602.

Check all that apply ____ Quafolium 4k HR ____ Fourward 4k HR ____ IHTR 4k ____ Lucky 4K

1 race ____ \$12.00 (No Shirt), 2 races: ____ \$24.00, 3 races: ____ \$36.00, 4 Races ____ \$48.00

Name: _____ Gender: ____ DOB _____ Shirt Size _____

Address: _____ Phone: _____ Email: _____

Emergency Contact: _____

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: The Fours Races. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen (18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

Signature _____ Date _____