

SATURDAY, 13 SEPTEMBER 2025

Race bgins at 8:00 AM 190 Upper River Road Americus, GA 31709

THE HEART & SOLE 5 K

Registration

Pre-Registration: \$25

Race Day Registration: \$30 (6:45-7:45 am)

Group rates available for groups with 5+ registrants: \$20 per registrant

(all 5 or more along with fees must be mailed togeher pior to races day)

Race Day Packet Pick-up: 6:45-7:45 am

runsignup.com/Race/GA/Americus/TheHeartSole5K



