



Saturday November 7th 2026

Run for your Lungs



Jackie's Run for Life

16th Annual

Lake Blackshear
RESORT & GOLF CLUB



Cypress Grill Area

5K Run Begins @ 9:30 AM 1 Mile Fun Walk Begins @ 9:35

REGISTER TODAY @

WWW.RUNFORYOURLUNGS.ORG

www.facebook.com/runforyourlungs

Each Registrant
will receive a
GREAT long
sleeve T-shirt,
run or walk
participation,
lunch & drinks
the 5K finishes



Questions or
More Info:

Shelia Knight

229-881-7046



100% of NET
Proceeds raised
go to our own
501(c)3 non-
profit to raise
awareness for
lung cancer &
help local lung
cancer patients!!

